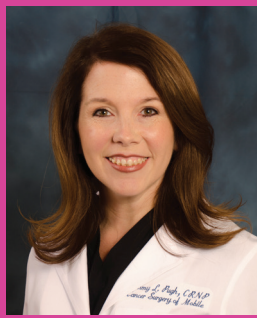




ARE YOU AT **HIGH RISK** FOR

Breast Cancer?



Tammy Pugh, CRNP

Today, the chance of a woman developing invasive breast cancer in her lifetime is a little less than one in eight, but for some women, the risk of developing the disease is much higher.

The **High Risk Program** not only identifies women at a higher risk level, but also provides individualized preventative care to reduce that risk. The program, led by Tammy Pugh, Board Certified Nurse Practitioner, specializing in cancer risk assessment and genetics, aims to educate and provide early detection of breast cancer.

Am I at High Risk?

Women considered at high risk have or have had

- History of breast or ovarian cancer
- Known family genetic mutations
- History of chest radiation
- Multiple breast biopsies
- Hormone therapy
- Family history of cancer < 50 years old.
- Hyperplasia of the breast
- Combination of certain cancer in the family
- Cancer in two or more close relatives, any age
- Personal history of childhood cancer
- Multiple primary cancers in the same individual

High Risk Program Services

The program provides an individual risk assessment and unique plan, which may include

- Digital mammography
- Breast MRI
- Genetic counseling and testing
- Risk reducing medication
- Lifestyle modification
- Risk-reducing surgery and reconstruction

Once seen, patients will benefit from the expertise of a compassionate team, certified dietitian and breast cancer navigator.

For more information about the High Risk Program or to make an appointment, please call 251-433-5557.



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